



West Nile Virus Protection

West Nile virus (WNV) is a potentially serious illness and may become a seasonal epidemic in Lake County. Although the town implements strategies to help control mosquito populations, it's important to protect yourself from West Nile virus. Here are a few tips to help:

- Empty stagnant water from items outside such as buckets, wheelbarrows and garbage cans (keep covered or turn upside down if possible).
- Clean clogged roof gutters.
- Apply insect repellent containing DEET (N,N diethyl-m-toluamide) or wear long sleeves and pants when mosquitoes are most active (dusk and dawn).
- Repair failed septic systems.
- Dispose items that can hold water such as unused tires, containers etc...
- Consider staying indoors when mosquitoes are most active (dusk and dawn).
- Have adequate screens on your windows and doors.
- Change the water in pet dishes and replace the water in bird baths at least weekly.

For more tips and facts regarding West Nile virus, visit the Indiana State Department of Health webpage at: <http://www.in.gov/isdh/23599.htm> or contact the Lake County Health Department at: (219) 755-3655