

# Merrillville Parks & Recreation Fall/Winter 2016-2017



Merrillville Parks & Recreation

Pruzin Community Center

5750 Tyler Street

Merrillville, IN 46410

(219) 980-5911 office

(219) 980-0928 fax



[www.merrillville.in.gov/departments/parks\\_and\\_recreation](http://www.merrillville.in.gov/departments/parks_and_recreation)



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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
8am-10pm	Rentals Allowed	8-9am	Senior Time	8-9am	Enhanced Sr. Fitness	8-9am	Enhanced Sr. Fitness	8-9am	Enhanced Sr. Fitness	8-10am	Senior Time	9-10am	*Kool-Aid & Kanvas
		9:30-10:45am	Yoga	9-9:30am	Senior Time	9-10am	Senior Time	9-9:30am	Senior Time	9am-4pm	*Four Winds Trip	8am-10pm	Rentals Allowed
		11:30am-2:30pm	Pinochle	9:30-10:30am	Sr. AM Aerobics	10:30-11:30am	Ballroom Dance	9:30-10:30am	Sr. AM Aerobics	11am-12:30pm	*Senior Luncheon		
		3-5pm	After School Fun	10:30-11:30am	Senior Time	12-2pm	Preschool	10:30-11:30am	Senior Time	3-4pm	After School Fun		
		6:30-7:30pm	Zumba Adults	12-2pm	Preschool	3:30-4:15pm	Tap/Jazz	12-2pm	Preschool	4-10pm	Rentals Allowed		
				3-5pm	After School Fun	4:15-5pm	Theater Dance	3-4pm	After School Fun				
				6-7:30pm	Get Fit	5:15-6pm	Drums Alive Kids	4-5pm	Zumba Kids				
						6-6:45pm	Drums Alive Adults						

\* Indicates special events

## TOWN OF MERRILLVILLE

Bruce Spires—Town Manager (219) 769-5711  
Eugene Guernsey-Clerk Treasurer (219) 769-3501  
7820 Broadway  
Merrillville, IN 46410

## TOWN COUNCIL

Donald Spann—Ward 1  
Richard Hardaway—Ward 2 (President)  
Jeff Minchuck—Ward 3  
Margaret Uzelac—Ward 4  
Chrissy Barron—Ward 5  
Shawn Pettit—Ward 6  
Roxanne LaMarca—Ward 7

## USEFUL PHONE NUMBERS

Police Non-Emergency—(219) 769-3531  
Fire Non-Emergency—(219) 769-0004  
Town Court—(219) 756-6185  
Storm Water Utility—(219) 472-8668  
Street Department Public Works—(219) 769-6784  
Planning & Building—(219) 769-3631  
Chamber of Commerce—(219) 769-8180  
Ross Township Trustee—(219) 769-2111  
Ross Township Assessor—(219) 769-7667  
Hidden Lake Park—(219) 980-8790  
Merrillville School Corporation—(219) 650-5307  
Andrean High School—(219) 887-8581

## PARK CONTACT INFORMATION

Merrillville Parks & Recreation  
Pruzin Community Center  
5750 Tyler Street  
Merrillville, IN 46410  
(219) 980-5911 office  
(219) 980-0928 fax

## PARK & RECREATION ADMINISTRATION

Jan Orlich—Director  
[jorlich@merrillville.in.gov](mailto:jorlich@merrillville.in.gov)  
Ruth Hashu-Roorda—Recreation Coordinator  
[rhashuroorda@merrillville.in.gov](mailto:rhashuroorda@merrillville.in.gov)  
Lisa Roberts—Recreation Supervisor  
[lroberts@merrillville.in.gov](mailto:lroberts@merrillville.in.gov)

## PARKS & RECREATION COMMITTEE

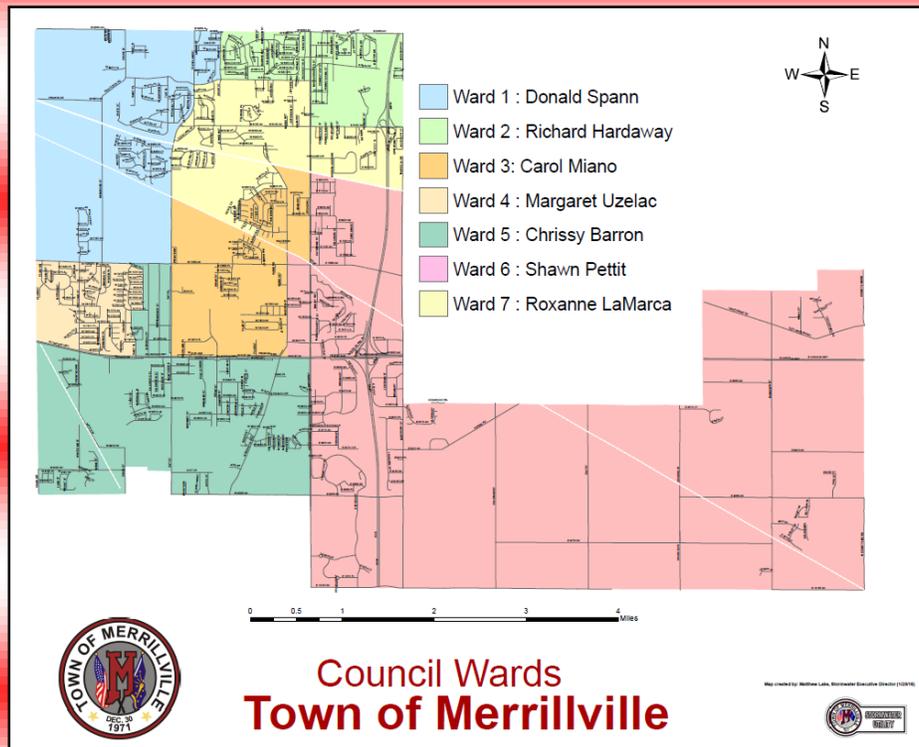
Roxanne LaMarca—Chairperson  
Chrissy Barron  
Margaret Uzelac

## RECREATION OFFICE HOURS

Monday-Thursday 8am-4pm, Fridays 8am-3pm

## Rental Hours:

Friday Evenings 4-10pm, Saturdays & Sundays 8am-10pm  
2 hour minimum 12 hour maximum, see Rental Information for more details



## Other Information

### Confirmation of Registration

Written confirmation for classes will be not sent out. If you registered on-line or mailed in a registration and are not sure if you or your child are registered for a program please call: (219) 980-5911 to check the status of your registration.

### Discrimination

The Merrillville Parks and Recreation Department does not discriminate on the basis of race, color, sex, age, national origin, religion or disability in employment, treatment of visitors and users, use of parks and facilities, or admission to and participation in programs and activities of the Parks & Recreation Department in compliance with the Indiana Human Rights Act, Title VI of the 1964 Civil Rights Act, Section 504 of the Rehabilitation Act of 1973 as amended, the Americans With Disabilities Act and the State of Indiana and U.S. Constitution. We invite any resident with a special need to contact our staff upon registration so that a smooth inclusion may occur.

### Min/Max - What is does that mean?

For each program at the Merrillville Parks and Recreation Department, there is a minimum number of registrations needed before a class can be offered and also a maximum number of registrations that can be accepted. Meeting the minimum and not exceeding the maximum helps to ensure that you and your family will enjoy a cost-effective, positive recreation opportunity that includes an appropriate instructor/student ratio.

### Registration Deadlines

There is a point when the decision must be made to stop taking registrations for a class because it is filled, or to cancel a class due to low enrollment. We reserve the right to change program content and/or schedules as needed. **Please don't wait until the day a class begins to register.** Unless otherwise noted, the registration deadline for all programs is one week prior to the start of the first class session. Registrations may still be accepted after this deadline, however, the class may be cancelled due to low enrollment. Please register early to avoid being disappointed.

### Program Changes

Due to the large amount of information available in the Merrillville Parks and Recreation Department brochure, errors before or after publication may occur. Errors in days, times or fees may occur. We apologize for any errors in our brochures, the instructor will advise you of any changes as quickly as possible, or we will notify you when you register. We thank you for your understanding when these types of situations arise.

### Residents/Non-Residents

You may not be considered a resident when registering for Merrillville Parks and Recreation Department programs. Why? This means that even though you may have a Merrillville Business address, you do not pay taxes to the Merrillville Parks and Recreation Department. The quickest way to determine your Park Department resident status is to check your tax bill. The Park Department you pay taxes to will be listed. We go by the address on your state issued Photo ID.

### Returned Checks

Any check returned by the bank to the Merrillville Parks and Recreation Department for any reason will incur a \$25 fee. Additional program registration will not be accepted until all outstanding balances have been cleared.

### Refunds

If insufficient enrollment causes an activity to be cancelled, participants will receive a full refund in the mail. Please allow 3-4 weeks for the processing of the refund for they must be authorized at a public Town Council Meeting and must go through the Clerk Treasurers Office schedule. Refunds will not be issued after the first class meeting unless the participant has a medical condition that prohibits participation in the program. A doctor's note will be required. The refund will be pro-rated based on the number of classes attended. A \$5 service charge will be assessed to all refunds. Refunds will be issued if a request is received

## **Trips**

Refunds are given only if the Park Department cancels the trip. We encourage everyone to get the trip insurance for Overnight trips. Registration for Overnight Trips is generally 3 months or more PRIOR to the date of the trip so that Hotel Reservations and Meal Reservations can be secured for the group. There are also excursions that must be booked in advance for the trips. A \$75 deposit will hold your space, but the final payment is what secures the GROUP for reservations.

## **Accident Insurance**

The Merrillville Parks and Recreation Department does not carry medical or accident insurance for the participants of its programs. The cost of doing so would be so high that fees charged for programs would become prohibitive. We suggest that you review your family's personal health insurance plan to be sure that it provides you with sufficient coverage. At the time of registration, please read the waiver and release of liability form included on the registration form. It must be signed by an adult, or a parent/legal guardian for all children under 18. At your first program session you may be presented with an additional sheet describing some of the risks involved in the particular activity you have signed up for. If so, that additional form will become a part of your Waiver, Release and Hold Harmless Agreement. We also suggest that you check with your family physician before participating in any Park Department programs that require physical exertion. If your physician should discover some factor that could limit you physically, please consider that when registering for programs. We want the registrants in our programs to be aware in advance that when they participate in certain activities, there is a natural element of risk of injury which each participant must assume. The Park Department is covered by liability insurance and will strictly enforce all rules.

## **Photography**

Photos and videos are periodically taken by our staff of people participating in Park Department programs and activities. All persons registering for Park programs/activities, or using Park Department property thereby agrees that any photograph or videotape taken by the Park Department may be used by the Park Department for promotional purposes including its electronic media, videotapes, brochures, flyers and other publications without additional, prior notice or permission and without compensation to the participant unless the registrant or participant expressly files with the Park Department a written objection as to photos or videos of themselves and/or their children.

## **Participant Behavior Code of Conduct**

The Merrillville Parks and Recreation Department expects participants to exhibit appropriate behavior at all times. Guidelines have been developed to help make our programs safe and enjoyable for all participants. Participants shall:

1. Show respect to all other participants, staff and volunteers.
2. Follow direction from staff and volunteers.
3. Refrain from using inappropriate, abusive or foul language.
4. Refrain from causing disruptive behavior.
5. Refrain from displaying any aggressive behavior (hitting, punching, kicking, slapping, biting, etc.) whether the behavior is initiated or in retaliation.
6. Show respect for equipment, supplies and facilities. Failure to follow these rules may result in dismissal from the program.
7. Service Animals only allowed in buildings.

## **Observers**

Observers of programs are also expected to behave appropriately. Parents, friends, and any other observers are held to the same standards of behavior as participants. If inappropriate behavior of a program observer is reported or observed by a staff person, the observer will be asked to leave by staff or police if necessary.

## **Help Protect Your Community!**

In an effort to reduce and eliminate senseless damage caused by vandalism or arson, the Merrillville Parks and Recreation Department encourages you to report any information you have about individuals causing damage to Park Department property. If the information you provide leads to the arrest of the perpetrator or conspirator, you may be eligible for a reward. All communication between the tipster and the Park Department is strictly confidential. The Merrillville Parks and Recreation Department will not release or disclose any information furnished by the tipster without the tipster's explicit consent and approval. To provide a tip or get more information contact (219) 769-3531 Please remember that our parks are used and enjoyed by all residents. Be courteous and respectful of others. It is illegal to dump yard waste or household garbage within park boundaries, either in the dumpster provided for park waste or especially in the protected wetlands.

## **Merrillville Park Department Mission Statement**

We strive to enhance the quality of life of Merrillville citizens by expanding availability of leisure and recreational services while promoting a Clean and healthy environment.

PLEASE HELP US KEEP OUR PARKS CLEAN AND SAFE AS WE STRIVE TO IMPROVE YOUR PARK. WE WILL BE RENOVATING A DIFFERENT PARK EACH YEAR PROVIDING YOU WITH ENHANCED OPTIONS.

**WIRTES PARK**  
5866 ROOSEVELT PL.  
CHARACTER: 8 acre park with 100+ year old trees, paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**PRUZIN PARK**  
5750 TYLER PLACE  
CHARACTER: 27 acre park with paved walking trail.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**MEADOWLAND PARK**  
555 WEST 54th AVE.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**MEADOWLAND ESTATES**  
54th AVE & MADISON ST.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**JOSEPH PETRUCH SENIOR PARK**  
1403 W 63rd AVE.  
CHARACTER: 2.5 acre senior center park, paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**ROSEBALT PARK**  
73rd PI & CHASE ST.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**SOUTHBROOK PARK**  
7488 HENDRICKS ST.  
CHARACTER: 8 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**CRESCENT LAKE PARK**  
74th CT & MORTON ST.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**LITTLETON TERRACE**  
74th PI & HARRISON ST.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**HENDRICKS PARK**  
80th LANE.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**JOHN A. STEFEK PARK**  
70th PI & HARRISON ST.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**FOREST HILLS**  
78th INDIAN TRAIL.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**KURTIS PARK**  
9 MEADOW LN.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**JENNINGS PARK**  
W 80th PI & JENNINGS PI.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**SAVANNAH RIDGE PARK**  
74th PI & JOHNSON ST.  
CHARACTER: 2.5 acre park with paved walking trail, picnic table, playground.  
EXISTING FACILITIES: Picnic shelter, playground, walking trail.

**Merrillville Parks**

Crescent Lake Park.....74th Ct & Morton St	Forest Hills Park.....78 Indian Trail
Hendricks Park.....80th Lane	Jennings Park.....W 80th PI and Jennings PI
Joseph Petruch Senior Park.....1403 W 63rd Av	Kurtis Park.....9 Meadow Ln
Meadowland Park.....54th Av & Madison St	Preserves Park.....2081 E 87th Av
Pruzin Community Center.....5750 Tyler St	Rosenbalm Park.....73rd PI & Chase St
Savannah Ridge Park.....74th PI & Johnson St	Southbrook Park.....7488 Hendricks St
John A. Stefek Park.....70th PI & Harrison St	Union Park.....7200 Broadway
Wirtes Park.....5860 Roosevelt St	

**Park Rules**

- Park hours are from Dawn to Dusk, except when Merrillville Parks & Recreation Department has a program
- No Alcoholic beverages allowed
- Pets must be on a leash at all times
- Please clean up after your pet
- No weapons, firearms or fireworks allowed
- Vending without a permit is prohibited
- Noise Ordinance is enforced
- Motorized vehicles are prohibited in any grassy area of a park
- Motor vehicles prohibited on trails
- No littering or dumping is permitted, please use trash receptacles, Vandalism of public property is prohibited and will be prosecuted
- No glass containers of any kind
- Charcoal grills are prohibited, gas grills are allowed
- Do not feed the birds or any animals in the park

## Merrillville's Trail System



Merrillville has two trails running through its corporate limits. The first trail is the Erie Lakawanna Trail, a 17.7 mile trail which starts in Hammond, Indiana and travels to Crown Point, Indiana. The Erie Lakawanna Trail is the longest contiguous trail in Northwest Indiana. To catch the trail, you can park just North of the Crown Point Government Center to access the trail. Parking is provided. The Chesapeake & Ohio Greenway referred to as the C & O trail winds through a tree covered, wooded canopy past John A. Stefak Park and continues through to Broadway.

### **COMING SOON.....**

Phase II of the C & O Greenway will extend from Broadway under I-65 to Mississippi Street where it will connect to a popular shopping area with several eateries and activities.

### **Medical Insurance**

Individual medical insurance is NOT provided by the Parks & Recreation Department. Individuals are responsible for their own medical costs arising from injuries while participating in Merrillville Parks and Recreation activities.

### **Refund Policy**

If the Merrillville Parks & Recreation Department needs to cancel a program for any reason, program fees are refundable (sorry, processing fees from credit or debit cards will not be refundable). Due to scheduling conflicts, or weather related incidents an activity or class may be cancelled for the day, but every effort will be made to make-up the class during the regular day and time slot, but an alternate day may need to be substituted. If a participant can no longer attend a class or activity that they paid for, with a Doctor substantiated reason a pro-rated program refund may be issued.

### **Dress Code**

Garments that have pictures or writing that is considered indecent, suggestive or otherwise, will not be permitted to participate in activities or programming that day. Individuals are not permitted to dress in a manner that will substantially disrupt the mission of the Merrillville Parks & Recreation Department, which is unsafe or which represents a health hazard. Failure to adhere to the above dress code will result in loss of participation in the Town of Merrillville Parks and Recreation activities.

The Town of Merrillville, its administration, employees and Council Members are committed to providing the highest standard of excellence and community leadership to all residents, The Town of Merrillville prides itself on representing the publics interests, delivering services and understanding the needs of the citizens, We will utilize all resources to enrich the lives of the community and provide accountability and transparency in all government related activities. We will work towards economic vitality, development and redevelopment to make Merrillville a top community in Northwest Indiana. All of our employees are held to the highest standard of excellence in order to ensure quality services to the community they serve. Help us stay green by downloading the brochure and saving to your personal computer for reference.

The Merrillville Park Brochure can be found on-line at [www.merrillville.in.gov/parksandrecreation](http://www.merrillville.in.gov/parksandrecreation). Remember to

**REDUCE - REUSE & RECYCLE to keep Lake County and Our Parks Clean!** Lake County Solid Waste.



## Pruzin Community Center Rentals

Looking for a weekend place to host a small gathering, party, graduation or shower? The Pruzin Community Center is a great facility to rent for small gatherings with a maximum of 50 guests. No smoking, no alcohol or guns allowed. Only service animals are allowed inside the building. Rentals are available on Saturday or Sundays from 8am to 10pm. Complete the application and make full payment at the Pruzin Community Center a minimum of 2 weeks prior to your event date, make sure you include your set-up and clean-up in your time requested! **Merrillville Police is required to be present during the full length of your rental time for all Graduation or Open House events at a rate of \$35/hour payable in cash the day of your rental before you will be allowed to enter. (No checks or credit cards accepted for Security payments).**

Resident Rate-Saturday or Sunday Rentals 2 hour minimum for \$20/hour (You must include your set-up & clean-up time)  
Non-Resident-Saturday or Sunday Rentals 2 hour minimum for \$40/hour (You must include your set-up & clean-up time)  
All rentals have a 7% tax on Rental Fee, Damage Deposit \$100, Refundable within 45 days provided no damage to facility other than normal wear and tear. This full amount is due at the time of your booking in order to hold your reservation. Dates book fast, so don't wait to make your reservation. All reservations must be done in person with a valid State issued photo ID. We have 7—5' round tables, 4—6' rectangle tables and metal folding chairs. Kitchen has a refrigerator and microwave, no stove.



## Program and Activity Registration

To register for any of the activities and classes offered by Merrillville Parks & Recreation Department you can come into the Pruzin Community Center during office hours or simply sign up on-line. Go to, "VSI-Merrillville Parks and Recreation" and browse through the categories offered by Merrillville Parks Department. Choose the activity or program and select the family member you wish to register, and then pay by credit card. **(Please note that using a credit card you will be charged a non-refundable processing fee),** OR to pay by cash or check stop by the Merrillville Park Department located in the Pruzin Community Center at 5750 Tyler St. in Merrillville. It's that easy. Registering for any program or event, your photo may be used in advertising. You must register for any class or program a minimum of 1 week in advance. No sign-ups the first day of class. With this new registration program you must FIRST come into the Pruzin Community Center to have us input your information from your State Issued Photo ID, and get all your family members and birthdates, e-mails, etc. put into our new system and then you will be able to do all future registrations at home if you wish.



Visit Merrillville Park Department at the Pruzin Community Center and sign up for any program to pay with cash or check.

At home visit Vermont System Inc. Or VSI Browse through the programming at your leisure and sign up from your home computer with a credit or debit card. IT'S THAT EASY.

## Princess Dance Tap/Jazz/Ballet



(on-line registration code: 132005)

Come join us for an enchanted dance class. Princesses will enjoy learning some basics in dance. We will spend some time on ballet, tap, and Jazz. Princesses will need to bring their own ballet, tap & jazz shoes. **Instructor:** Katie Solina  
**Ages:** 5-12

**Days:** 4 Wednesdays each session

**Dates:** **Aug. 24-Sept. 14, Sept. 21-Oct. 12, Oct. 26-Nov. 16, Dec. 14-Jan. 4, Jan. 18-Feb. 8, Feb. 22-Mar. 15, Mar. 29-Apr. 16 (off 4/5)**

*(Please note 2017 Dates may change)*

**Time:** 3:30-4:15pm

**Fee:** \$35 Residents/\$40 Non-Residents

**Min. 6/Max. 12**



## Theater Dance

(on-line registration code: 132004)

This class is for the older dancer that wants to brush up on their dance skills, or learn the basics of dance. We will also spend time on basic technique. This class is perfect for dancers who want to learn dance for school musicals or school dance teams.

**Instructor:** Katie Solina

**Ages:** 13-18

**Fee:** \$35 Resident/\$40 Non-Resident

**Days:** 4 Wednesdays each session

**Dates:** **Aug. 24-Sept. 14, Sept. 21-Oct. 12, Oct. 26-Nov. 16, Dec. 14-Jan. 4, Jan. 18-Feb. 8, Feb. 22-Mar. 15, Mar. 29-Apr. 16 (off 4/5)**

*(Please note 2017 Dates may change)*

**Time:** 4:15-5pm

**Min. 6/Max. 12**



**(on-line registration code: 132008)**

Perfect for everybody and Every Body type! Each Zumba® class is designed to bring people together to sweat it on. Quit the workout and join the party is our motto. Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness is called exercise in disguise. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**Certified Instructor:** Deb Sherwinski

**Days:** 6 Thursdays

**Dates:** Sept. 15-Oct. 20, Oct. 27-Dec. 7 (off 11/24), Jan. 12-Feb. 16 (off 2/23, 3/2), Mar. 9-Apr. 13

*(Please note 2017 Dates may change)*

**Time:** School Age (ages 7-12) 4-5pm

**Fee:** \$35 Residents/\$40 Non-Residents

**Min. 6/Max. 35**



**(on-line registration code: 132006)**

This unique class captures the essence of movement and rhythm utilizing drum sticks and resist-a-balls. Using rhythm as the source of inspiration to discover a new group fitness experience Drums Alive® combines the benefits of a traditional physical fitness program with the brain affected benefits of music and rhythm. Drums Alive® is a program that fosters a healthy balance physically, mentally, emotionally and socially. Join our class today to experience how it provides an element of fun and creative expression.

**Certified Instructor:** Katie Solina

**Days:** 4 Wednesdays:

**Dates:** **August 24-Sept. 14, Sept. 21-Oct. 12, Oct. 26-Nov. 16, Dec. 14-Jan. 4, Jan. 18-Feb. 8, Feb. 22-Mar. 15, Mar. 29-Apr. 16 (off 4/5)**

*(Please note 2017 Dates may change)*

**Time:** **School Age: (ages 8 -15) 5:15-6pm**

**Fee:** \$35 Residents/\$40 Non-Residents

**Min: 6/Max: 35**



## Super Heroes Preschool

(on-line registration code: 131004)

Come join us for some Super fun that gets your child prepared for Kindergarten. We will enjoy some Super Hero challenges with games and other activities. We will follow the State of Indiana Preschool Curriculum. Plan to go outside, weather permitting.

**Instructors:** Katelyn Roberts & Ryan Fiegle

**Days:** Tuesdays, Wednesdays, Thursdays

**1st Semester Dates:** August 23-December 15 (\*days off whenever Merrillville Public Schools are off)

**2nd Semester Dates:** January 10-May 11 (\*days off whenever Merrillville Public Schools are off)

**Ages:** 3 1/2 – 5 1/2

**Time:** 12-2pm

**Fee:** \$300 Residents/\$330 Non-Residents each semester

**Min:** 6/**Max.** 18

*\*Please note that there will be times that the Pruzin Community Center will be closed when the Public Schools are open. The instructors will pass out a calendar at the beginning of each month.*

## After School Super Heroes Fun

(on-line registration code: 132011)

Come join us for some Super fun after school. We will have some Superhero challenges and games. Plan to go outside, weather permitting. You must register 1 week in advance.

**Ages:** Kindergarten to 5th Grade

**Days – Times:** Mondays 3-5pm

Tuesdays 3-5pm

**No Wednesdays**

Thursdays 3-4pm

Fridays 3-4pm



**Fee:** \$10 week Merrillville Residents/\$15 week Non-Residents

**Min:** 5/**Max.** 25

*\*Please note that there will be times that the Pruzin Community Center will be closed when the Public Schools are closed The instructors will pass out a calendar at the beginning of each month with dates available.*

## Midwest Training and Ice Center

### Learn to Skate Lessons

(on-line registration code: 131005 tots, 132009 pre-alpha)

**Tots (ages 3-5)** beginner skate classes will cover the following: Standing, falling and getting up, marching and gliding. Balance and self-confidence are stressed all while having fun during this class.

**Pre-Alpha (6 & up)** skate classes will cover forward skating and maneuvers such as: glides, swizzles and beginner stopping.

Skates are provided, but Helmets (bike okay) and gloves are mandatory. Register for one or more sessions. When you register through the Merrillville Parks and Recreation Department, the registration fee is waived, you only pay for the sessions(s), you wish. Please dress warm, (jeans are not allowed), remember to wear gloves.

**Days:** 4 Thursdays or 4 Saturdays

**Dates:** Sept. 1-22      Sept. 3-24

Oct. 6-27      Oct. 8-29

Nov. 3-24      Nov. 5-26

(note due to holiday the 4th Thurs. will meet on 11/26)

Dec. 1-22      Dec. 3-24

(note due to holiday the 4th Sat. will meet on 11/ 29)

**Times:** Thursday classes 5:15-6pm

Saturday classes 9-9:45am

**Fee:** \$80 for each 4 week session



## Midwest Training and Ice Center

### Pre-Hockey Lessons

(on-line registration code: 132010)

Pre-Hockey Learn to Skate Lessons (ages 3 & up) Are designed for the beginner who has had no prior formal lessons. Swizzles, glides and backward wiggles will be emphasized. Skates are included. A HOCKEY helmet with facemask and gloves are required for this class. Classes are held on both Fridays and Saturdays for 4 weeks, 8 classes. Our registration fee is waived when you pay for the sessions through the Merrillville Parks and Recreation Department.

**Days:** 4 Fridays & 4 Saturdays

**Dates:** Sept. 2-24

Oct. 7-29

Nov. 4-26

Dec. 2-24

(Please note that there will be no class on Dec. 24, so your 8th class will be on Fri. Dec. 30 from 4-5pm)

**Times:** Fridays 4-5pm

Saturdays 10-11am

**Fee:** \$140 each 4 week session





# Yoga Fitness



(on-line registration code: 124001)

Improve health and balance through the performance of yoga. Cheryl Gojko teaches the fundamentals of alignment, breathing and flow. Join us at the Pruzin Community Center on Mondays and let your stress go! You may want to bring a water bottle and towel. Dress comfortably so you can move freely. **Register at least 1 week in advance of each new session.**

(classes go year round in 10 week sessions)

**Dates:** Sept. 19-Dec. 12 (off 10/10, 10/31, 11/7) Jan. 9-Mar. 27, (off 1/2, 1/16, 2/20) (2017 Dates may change)

**Time:** 9:30am-10:45am

**Days:** 10 Mondays

**Fee:** Residents \$40/Non-Residents \$50

**Min. 6/Max. 20**

**Ages:** 18-99+

## SENIOR FITNESS PROGRAM



Stretching & Flexibility  
Low Impact  
Aerobics  
Strength & Balance Training

**Time:** 8:00am-9:00am

**Days:** Tuesday, Wednesday & Thursday  
With Certified Fitness Instructor: Sheila George

**Fee:** Free to seniors

**Ages:** 55-99+

(off on all major Holidays)

## Morning Aerobics For Seniors



As part of an active lifestyle we would like to keep our seniors fit and active. Aerobic exercise can effectively improve your health. You will exercise alongside a DVD of low impact or gentle aerobics. You will increase stability, balance, and energy levels and strengthen your cardiovascular system. Join us twice a week for this fun class.

**Dates:** January-December

(off on all major Holidays)

**Time:** 9:30am-10:30am

**Days:** Tuesdays and Thursdays

**Fee:** Free to seniors

**Min. 3/Max. 20**

**Ages:** 55-99+



## Ballroom Dance

(on-line registration code: 123002)

Learn to dance like the Stars!

Instructor Robert Lenten will guide you through the fluid movement of Ballroom style dancing. Learn various styles like Rumba, Cha-Cha and more. Wear leather sole shoes since rubber tends to stick to the floor and keep you from gliding smoothly. All classes meet at the Pruzin Community Center on Wednesdays.

(classes go year round in 10 week sessions)

**Dates:** Sept. 28-Dec. 7 (off 11/23), Jan. 4-Mar.8, Mar.22-May 24 (2017 Dates may change)

**Time:** 10:30-11:30am

**Days:** 10 Wednesdays

**Fee:** Residents \$40/Non-Residents \$45

**Min. 6/Max. 20**

**Ages:** 16-99+



## Get Fit Line Dancing

(on-line registration code: 123001)

*Get Fit Line Dancing* with Dr. Kathy Smith will boost health and fitness awareness by dancing to music. The classes will incorporate several genres of music stimulating exercise through dancing, promoting physical and mental wellness. The moves you learn you will be able to take with you when you go out to a club, wedding or other event. This is more than just an exercise class! You must register a minimum of 1 week in advance.

**Dates:** September 6-November 8, January 10-March 14 (2017 Dates may change)

**Time:** 6-7:30pm

**Days:** 10 Tuesdays

**Fee:** Residents \$65/Non-Residents \$70

**Min. 6/Max. 30**

**Ages:** 13-99+



(on-line registration code: 124005)

Perfect for everybody and Every Body type! Each Zumba® class is designed to bring people together to sweat it on. Quit the workout and join the party is our motto. Take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness is called exercise in disguise. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**Certified Instructor:** Deb Sherwinski

**Fee:** \$35 Residents/\$40 Non-Residents

**Dates:** Sept. 12-Oct. 17, Oct. 24-Dec. 5 (off 10/10), Jan. 9-Feb 27 (off 1/16, 2/20), Mar. 6-Apr. 10 (2017 Dates may change)

**Time:** Adults (ages 16-99+) 6 Mondays 6:30-7:30pm

**Min. 6/Max. 35**



(on-line registration code: 124004)

This unique class captures the essence of movement and rhythm utilizing drum sticks and resist-a-balls. Using rhythm as the source of inspiration to discover a new group fitness experience Drums Alive® combines the benefits of a traditional physical fitness program with the brain affected benefits of music and rhythm. Drums Alive® is a program that fosters a healthy balance physically, mentally, emotionally and socially. Join our class today to experience how it provides an element of fun and creative expression.

**Certified Instructor:** Katie Solina

**Fee:** \$35 Residents/\$40 Non-Residents

**Days:** 4 Wednesdays:

**Dates:** Aug. 24-Sept. 14, Sept. 21-Oct. 12, Oct. 26-Nov. 16, Dec. 14-Jan. 4, Jan. 18-Feb. 8, Feb. 22-Mar. 15, Mar. 29-Apr. 16 (off 4/5) (Please note 2017 Dates may change)

**Time:** Adults: (ages 16-99+) 6-6:45pm

**Min: 6/Max: 35**

## Senior Pinochle Group



**Ages:** 55+

**Cost:** FREE

**Days:** Mondays

(We don't meet on any major holidays)

**Time:** 11:30am to 2:30pm

This is a social card group for those 55 and over. This is a great opportunity to meet new people and enjoy a game of cards. Exercise your memory, concentration and strategy by playing cards. Games involve reasoning, problem solving and information processing. Playing cards provides social interaction and keeps your brain healthy. New to Pinochle or not sure if you remember how to play, come on over and we will teach you!

## Senior Computer Help



For those seniors, 55+, that are struggling with learning how to use a computer we are here to help. If you want To learn how to surf the web, send an email, get on Facebook, or simply write a letter or prepare a spread sheet for Monthly expenses, this is for you. There is a limit of 2 laptops at a time, but you can bring your own. Free to Merrillville Residents 55+ during Senior Time (see below).



## Senior Luncheons

**Ages:** 55+

**Time:** 11am

**Cost:** \$5

**Days:** 2nd Friday of Each month

**Dates:** September 9-Medications & Your Health

October 14-Medicare Options

November 11th **OFF** for Veteran's Day watch for new

date-Transportation Options

December 9-Holiday Party

Join us for our monthly Senior Luncheons on the 2nd Friday of every month at 11am. We have guest speakers that are geared for people 55 and over. We need to have a count turned in to Meals on Wheels, so please call (219) 980-5911 at least 1 week before the luncheons each month to reserve your seat. We can accommodate up to 50 people.



## Senior Time

The Merrillville Parks and Recreation Department wishes to invite all Seniors to come and join us at the Pruzin Community Center. Get out of the house, meet other seniors, join some of our senior activities.

**Mondays:** 8-9am

**Tuesdays:** 10:30-11:30am

**Wednesdays:** 9-10am

**Thursdays:** 10:30-11:30am

**Fridays:** 8-10am





## Merrillville Parks and Recreation Holiday Festival Event

Our annual CSRI event will be on  
Friday, December 2nd from 4-6pm.

You can register now up to the Wednesday,  
November 30. Santa will be visiting again for  
those who want to take pictures. We will have  
karaoke, dancing, make your own ornament, food  
and fun. We can only accommodate 50 people,  
so don't wait to register. Only \$5 per person  
attending.



## CHRISTMAS PARADE FOLLOWED BY OUR TREE LIGHTING CELEBRATION

Merrillville Parks and Recreation Department will  
"LIGHT UP THE PARK FOR THE HOLIDAYS" with our  
Tree Lighting Celebration after the parade. The kids  
can meet Santa at the Gazebo as we listen to music  
and enjoy some hot chocolate.

**Day & Time:** TBD, watch for the "Merrillville Around  
Town" for more information

**Fee:** Donations Requested



## Kool-Aid® & Kanvas with Fred Holly (on-line registration code: 349003)



Fred brings over 20 years of teaching experience to his classes. He is a classically trained artist. He has been a working artist for over 25 years and his artwork is represented in corporate as well as private collections, with work in the permanent collection of the Indiana State Museum. **Register a minimum of 2 weeks in advance.**

Join us for fun with your child (or Grandchild) painting a picture to remember your day. All supplies will be provided. A **maximum of 12 Couples** will be allowed, a **minimum of 6 Couples** for the program to go. Come for one Saturday or join us for all! A different fun picture each month.

**Time:** 9-11am

**Day:** 3rd Saturday each month

**Date:** Sept.17, Oct.15, Nov.19, Jan. 21, Feb. 18, Mar. 18, May 20

(Please note 2017 dates may change)

**Fee for EACH Saturday:** \$35 Resident Couple—\$40 Non-Resident Couple

(Children must be at least 8 years old please, with an adult)



## 2016 Calendar of Events

By working together toward a common goal we are able to provide more events to a larger amount of people than any one agency alone.

The following agencies are proud to partner to offer CSRI:

- ~ Crown Point Parks & Recreation
- ~ Dyer Parks & Recreation
- ~ East Chicago Marina
- ~ Hammond Parks and Recreation
- ~ Hammond Port Authority
- ~ Hanover Central HS Key Club
- ~ Highland Parks & Recreation
- ~ Lake County Parks
- ~ Merrillville Parks & Recreation
- ~ Munster Parks & Recreation
- ~ North Township-Wicker Park
- ~ Schererville Parks & Recreation
- ~ St. John Parks & Recreation
- ~ Whiting Parks & Recreation

Join the CSRI e-mail contact list. Send your contact name and e-mail address to [csri2004@yahoo.com](mailto:csri2004@yahoo.com) to be added. As an added reminder these calendar of events are provided so you can 'save the date' on your 2016 calendar, but registration dates may not begin until a later date as determined by each individual host agency. Some events have already passed by this printing so they are not shown.

Full information will be e-mailed out as the date approaches with details on the event. Some programs may have a registration fee. Advance registration is typically required for each event so preparations can be made. Call each individual host agency for full details for their event or follow the information sent by e-mail.

These agencies are working together to give families with special needs more options! Anyone can participate in these programs regardless of the community you live in. This calendar of events was assembled in December 2015 and at that time all details were accurate. However, details may change as the event approaches based on other circumstances. The 2017 Calendar of Events will be available in December of this year.

### Touch A Truck

(Hub Pool parking lot, 1000 E. South St. Crown Point)

Sat. Sept. 10

9am-Noon

*Admission is free* and is open to all ages!

Come check out dump trucks, Tractors, fire engines, helicopter, police cars & more.

Crown Point Parks & Recreation

(219) 661-2271

### Splash and Dance

(121st St. & Calumet Ave. In Hammond)

Sat. Sept. 10

Noon—3pm

*Admission is free* for this outdoor fun day at the Wolf Lake Aquatic Play Center. Pre-registration is not required. Concession will be available.

Hammond Port Authority

(219) 937-7942

### Halloween Party

(Schererville Community Center 500 E. Joliet St. in Schererville)

Sat. Oct. 22

6-8pm

Come dressed in costume. Bring a decorated Pumpkin! Fees apply. Advanced registration is necessary.

Schererville Parks & Recreation

(219) 865-5530

### Turkey Bowling & Games

(Hanover Central High School, East Gym, 10120 W. 133rd Ave. Cedar Lake)

Sun. Nov. 20

1-3pm

*Admission is free*, but advance registration is required.

Hannover Central High School Key Club

(219) 306-2919

### Holiday Festival Event

(Pruzin Community Center, 5750 Tyler St., Merrillville)

Fri. Dec. 2

4-6pm

Join us for dancing, music, Santa, food & fun! \$5 per person. Advance registration is necessary. Limited space available.

Merrillville Parks & Recreation

(219) 980-5911

### Visit with Santa at the Festival of Lights

(at Prairie West Park, St. John on 93rd Ave., 1/2 mile west of US 41)

Wed. Dec. 7

6:30-7:30pm

*Admission is free* but advance registration is requested.

St. John Parks & Recreation

(219) 365-6236

**2017  
Overnight  
Trips**



**See Washington DC by Bus!**

Be inspired with patriotism as you take in the majesty of our nation's capital on our bus tour to Washington, DC! The iconic National Memorials on the National Mall are the centerpiece of the city's landscape, and this Washington, DC bus tour shows you the Lincoln Memorial, the Jefferson Memorial, the new World War II Memorial, and much more. Your group will also see the White House, the Capital Building, Embassy Row, and more as part of this Washington, DC bus trip. This vacation package also includes a visit to the famous Smithsonian Institute, Arlington National Cemetery, site of the Tomb of the Unknown Soldier, the Kennedy graves, the Iwo Jima memorial, and more. Return from your Washington, DC bus tour inspired with a reminder of what makes America great! Full itinerary will be given about 3 weeks before the trip leaves.

**\$75 Deposit paid by November 15, 2016 will hold your space until the final payment is due on January 23, 2017!**

**Dates:** Thurs. March 30—Wed. April 5, 2017

**Fee:** \$905-Single Occupancy/\$665-Per Person Double Occupancy  
*In order to take a tour of the INSIDE of the White House, at the time you make your deposit we must have a copy of everyone's valid State Issued Photo ID (Driver's License), to send with a letter of request for the tour to be included in our trip. Your Actual ID must be brought with you on the tour to receive a Pass for the tour. (Items to leave on the bus, or back at your room: Cell phones/video recorders/cameras, selfie-sticks, purses/backpacks, tobacco products, umbrellas, wallets, car keys, tablets, any pointed objects, food/beverages, personal grooming items, make-up, etc.)*



**See the Biltmore Mansion & Asheville by Bus!**

Discover the charm of Asheville, NC and the grandeur of the Biltmore Estate Mansion in our Asheville tour! In your bus trip to Asheville, you will experience the lavish Biltmore Estate, America's largest privately owned home. This vacation package also includes the Biltmore's new Antler Village, a destination for shopping, dining, historical exhibits, and more. Enjoy a scenic Blue Ridge Parkway tour, and a visit to the Folk Art Center, as well as a guided tour of Asheville, famous for its Art Deco architecture. Your Asheville bus tour also includes the magnificent St. Lawrence Basilica, which is on the National Register of Historic Places. Full itinerary will be given about 3 weeks before the trip leaves.

**\$75 Deposit paid by February 15 will hold your space until the final payment is due on June 23, 2017!**

**Dates:** Sunday September 10-Saturday September 16, 2017

**Fee:** \$TBD /Single Occupancy, \$TBD /Per Person Double Occupancy

*\*Please note that the Merrillville Parks and Recreation Department and Diamond Tours will not be responsible for providing roommates for any of our trips. We may combine a trip with another group if the minimum of 30 people is not met by the Deposit Due Date.*



Deluxe Motorcoach Transportation - Video & Restroom Equipped - 54 Seats or More

**Day Trip to Four Winds Casino** (on-line registration code: 127001)

Join us June 17 and September 16 for a trip to Four Winds Casino. You must be 21 or over. You will receive \$15 in instant slot credit (any other gambling is on your own), a \$10 food voucher (anything over that will be on your own), and the bus to and from the Casino in New Buffalo Michigan, all for just \$30 per person. The bus will pick you up at the Pruzin Community Center at 9am and you will leave the casino at 3pm. You can leave your car parked at the Pruzin Center for your return around 4pm, depending on traffic. **You must register 1 month in advance so all arrangements can be made with the Casino and the Bus Company.**

**Registration Deadline:** August 23 for the September 23 trip, February 17 for the March 17 trip

**Dates:** Friday, September 23, 2016 and Friday, March 17, 2017

**Time:** 9am-4pm

**Fee:** \$30 per person

**Min. 35/Max. 50**

